



HEAD OF THE MARINA

Sunday, November 2, 2025

Hosted by California Yacht Club, Marina del Rey, CA

5,000 Meters

TENTATIVE SCHEDULE (V. 07/25/2025)-PLEASE CHECK FOR UPDATES

8:00	Men's	1X	9:15	Women's	8+
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
		Recreational			
8:10	Women's	4X	9:20	Mens's	4+
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
8:15	Men's	8+	9:25	Women's	2-
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
8:20	Women's	4+	10:00	Men's	4X
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
	Mixed	All			All
8:25	Men's	2-	10:05	Women's	2X
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
9:00	Men's	2X	10:10	Mixed	8+
		Open			Open
		Collegiate			Collegiate
		Masters			Masters
		Juniors			Juniors
	Mixed	All			
9:10	Women's	1X			
		Open			
		Collegiate			
		Masters			
		Juniors			
		Recreational			

ENTRY INFORMATION:

Entry deadline is Tuesday, October 28, 2025 (\$20/Boat Late Fee)

Singles \$35, Doubles/Pairs \$60, Quads/Fours \$100, Eights \$160

Make checks to: **CALIFORNIA YACHT CLUB (Credit Cards may be arranged)**

Send **completed entry forms, waivers and payment to:**

**REGATTA
C/O Craig Leeds,
8132 AIRLANE AVENUE,
LOS ANGELES, CA 90045**

ENTRIES DROPPED OFF AT CYC ARE NOT RECEIVED BY THE RACE COMMITTEE.

RACING RULES AND COURSE NOTES:

Please review the racing rules and course map which may be found on the HOTM webpage. Updates will be made as the regatta date approaches.

BOW BALLS, HEEL TIES AND BOW CLIPS:

All boats must have appropriate bow balls, heel ties and bow clips. CYC will provide bow markers. Kindly, return all bow numbers as it helps us keep down entry fees.

INSURANCE:

CYC is not the insurer of the participants or their boats. Each competitor should obtain their own insurance, including medical, liability and property coverage.

MASTER'S:

Regatta Handicap is 5 times the USRA Master's 1000-meter handicap. Master's age categories may be combined and handicaps computed, based upon entries.

LIGHTWEIGHTS:

Lightweight Max Weights: Masters/Open Men 160, Masters/Open Women 135. Honor system-No weigh ins.

JUNIORS:

We will be using age groups as defined by USRA: U15, U16, U17 and Youth U15 and U16 Quads will be with a coxswain

COXSWAINS:

Coxswains may be of either sex but must carry sufficient total weight of at least 110 pounds during entire race. Honor system-No weigh ins.

AWARDS AND RESULTS:

All competitors receive medals which may be picked up upon completion of the results. Results will be posted as they become available. We'll supply a link to a Google Doc for updated results. Final results will be on the HOTM webpage and on row2k.com

CHECK-IN:

Participants must check in at the CYC Boathouse, Sunday morning between 6:00 am and 7:30 am. No check-in after 7:30 am.

PRE-RACE MEETING:

The competitors/coxswains/coaches meeting will be near the registration table at 6:30 am to review the course and rules.

BOAT / TRAILER STORAGE:

Gated overnight parking is available at the club. All boats, vehicles and items are stored at your own risk. Please notify Craig Leeds, caleeds@pacbell.net if you will be bringing a trailer. If you wish to drop off boats before Sunday morning please email Craig Leeds, caleeds@pacbell.net



Recreational Activity Waiver, Release and Indemnification Agreement

Please Read Carefully - Each Rower/Coxswain MUST SIGN below to participate

I, the undersigned, intend to participate in the **Head of the Marina** regatta hosted by California Yacht Club ("CYC") in Marina del Rey on **November 2, 2025**. In consideration of the acceptance of my entry, I agree as follows for myself, my family members, heirs, assigns, personal representatives and next of kin:

1. **Express Assumption of Risk**. My participation in this recreational event is entirely voluntary, for my own enjoyment. I am aware that this activity and my use of CYC's facilities may involve risks, including, among other things, risk of serious personal injury, permanent disability or death from physical exertion, stress, sunstroke, hypothermia, hyperthermia, drowning, becoming lost, capsizing, boat collision, acts of third parties, shark attack, ocean and weather conditions, and I freely assume all risks, including unforeseen risks. I take personal responsibility for my own safety and my participation in this recreational activity, and acknowledge that I am free to withdraw at any time. I agree that CYC is not my insurer.
2. **Representations**. I represent that (a) I am an experienced rower and a capable swimmer and that I am healthy and physically fit to undertake this race; and (b) I will take proper safety precautions and comply with the US Coast Guard regulations and applicable laws, rules, regulations, and instructions; and (c) I will promptly notify the race committee if I withdraw from the race; and (d) I will obtain insurance to protect myself and my boat, and to protect CYC and others from my actions. CYC is entitled to rely upon the foregoing representations.
3. **Waiver, Release & Indemnity**. I promise not to sue CYC and, to the fullest extent permitted by law, I waive all claims, forever release and agree to indemnify and hold CYC harmless from and against all actions, claims, damages, demands, liabilities, losses, suits, costs and expenses including attorney fees, arising from my participation in this event or use of CYC's facilities, including any active or passive negligence of CYC, but excluding CYC's gross negligence or willful misconduct.
4. **Limits on Claims, Damages**. Any lawsuit including any cross-complaint against CYC arising from my participation in this activity or use of CYC's facilities, whether arising in contract, tort or otherwise, must be served on CYC within 180 days after the occurrence that first gave rise to the suit, or the suit and all causes of action shall be conclusively deemed forever waived and barred, regardless of any longer period provided under any applicable statute of limitations. In no event will CYC be liable for any indirect, special or consequential damages, whether arising in contract, tort or otherwise.
5. **Interpretation**. For purposes of paragraphs 3 and 4 only, "CYC" shall include California Yacht Club, its owners, affiliates, partners, officers, employees, representatives, committee persons acting in their official capacities, and the County of Los Angeles. This Agreement contains all of the understandings between me and CYC regarding the subject matter hereof, and I am not relying upon any promises, representations or inducements not contained herein. The waiver, release and indemnity provisions herein are continuing obligations and intended to be as broad, comprehensive and inclusive as permitted by law, but are not intended to assert any claims or defenses which are prohibited by law. The terms hereof shall be interpreted in such a way so as to render them valid whenever possible, and shall not be strictly construed against CYC. If any part of this Agreement is held invalid, the remaining provisions will continue in full force and effect. The paragraph headings above are for ease of reference only. (Continued on next page)

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By signing below I certify that I have carefully read, understand and agree to the above terms and conditions, including the preceding page. I acknowledge that this is a binding contract that limits CYC's liability, among other things, and I sign of my own free will.

Signature (Parent or Guardian if under 18 yrs)	Print Name	Date
Signature (Parent or Guardian if under 18 yrs)	Print Name	Date
Signature (Parent or Guardian if under 18 yrs)	Print Name	Date
Signature (Parent or Guardian if under 18 yrs)	Print Name	Date
Signature (Parent or Guardian if under 18 yrs)	Print Name	Date
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Please complete separate waiver forms for each boat entered

ENTRY FORM

HEAD OF THE MARINA REGATTA

Sunday, November 2, 2025

Please complete separate entry forms for each boat entered

Name of Organization Submitting Entry _____

Event Name _____

Event Time _____

Please circle all that apply to this entry:

Mens
Womens
Mixed
Lightweight
Open
Collegiate
Master 22-29
Master 30-39
Master 40-49
Master 50-59
Master 60-69

Master 70-79
Master 80-89
Junior U15
Junior U16
Junior U17
Youth
Quad with coxswain (for U15 and U16 events)
Recreational Single 21 feet and under
Recreational Single 24 feet and under
Novice (for masters only)

(Age for masters only)

	First Name	Last Name	Age as of 12/31/25
Single			

Crew	First Name	Last Name	Age as of 12/31/25
8			
7			
6			
5			
4			
3			
2			
1			

Cox				Average Age of Crew
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(Coxswain's age not needed and does not figure into crew average)

Contact Person: _____

Cell: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____